

PILLARS OF EXCELLENCE

Expectations and Routines

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Welcome to Expectations and Routines!

We are going to discuss the use of rules vs the use of expectations and how they are associated with your daily routine

Learning Outcomes

1. In this course you will be introduced to the concepts of routines, self-regulation, temperament and incorporating expectations vs rules. Using your relevant experiences, you will have an opportunity to recall, and report how your experiences line up with the information in this course.
2. You will have an opportunity to use this process to evaluate your work, create a positive behavior support plan and document how you might incorporate what you learn into your practice.
3. This course allows for the 1 course hour free option. Contact the office for more information and requirements.

Knowledge Content Area

1 annual training hour

- Core Knowledge Category: Understanding & Guiding Behavior - Set 1-10.1.4 & Set 1-10.1.6
- Content Area: Interactions- Level 2:c. & d

Overview

Rules

Adult Expectations

Appropriate Expectations

What's a rule?

Changing the Rules



Overview B

Setting Expectations

Self-Regulation

Self-Regulation & Temperament

Highly Sensitive

The Adaptable Child

The Dynamic Child

Children Experiencing Trauma

What is a Routine

The Day Begins

Routine & Expectations

You get the idea

Time Place Relevancy

Value Their Contribution

Active Supervision

Build Suspense

What is the ultimate goal

The Question is?

Rules are meant to be broken