

Module 7: Healthy Practices (Part I)

Handout 4



First Aid Kit Supplies

Following is the list of the supplies required for your First Aid Kit. The question is, “What do I do with this?” Work with your neighbor to discuss situations when you might need to use each item in your First Aid Kit. Record your ideas.

Required supply	When I might need to use this -
Sterile gauze pads (2 – 4 inch sizes)	
Small scissors	
Band-Aids of various sizes	
Roller bandages (1 – 2 inch widths)	
A large triangular bandage	
Non-sterile protective gloves	
Adhesive tape	
Tweezers	
One-way CPR barrier or mask	
A current first-aid manual	