

## Module 10: Supporting Children for Life Success

Handout 3a

### Creating a Sense of Safety

<b>What you can do?</b>	<b>What the child may feel?</b>	<b>Why this is important?</b>
Greet the child by name, smile and make eye contact	I am welcome here. I can trust you. You are on my side.	
Provide the child with a place to store their belongings	My belongings are protected and available to me in this safe place.	
Follow routines	I know what comes next and when I will get fed today.	
Give warning before transitions	When I know a change is coming, it is less frightening to me. I can trust you will consider my feelings.	
Control your emotions	I can trust you will react in a way that protects me.	