

Module 10: Supporting Children for Life Success

Handout 3

What you can do?	What the child may feel?	Why this is important?
Greet the child by name, smile and make eye contact	I am welcome here. I can trust you. You are on my side.	Children need to be able to connect with a caring adult to feel safe
Provide the child with a place to store their belongings	My belongings are protected and available to me in this safe place.	Unpredictable living situations can result in loss of belongings. Their cubby may be the only place a child can safely store belongings.
Follow routines	I know what comes next and when I will get fed today.	For some children, the only regular meal they receive will be while in your care. A consistent schedule lets children relax because they know what to expect.
Give warning before transitions	When I know a change is coming, it is less frightening to me. I can trust you will consider my feelings.	Transitions can create problem behaviors that are based in fear because home transitions may cause conflict. You can show a child that transitions can be safe and positive.
Control your emotions	I can trust you will react in a way that protects me.	Staying calm and in control allows you to model appropriate behavior that children can mimic.