

Module 10: Supporting Children for Life Success

Handout 4

Supporting Joshua with Transitions

What is the trigger?	Joshua is anxious when transitioning from one activity to another.
When are emotions the strongest?	Joshua starts crying when it is time to get his coat on to go outside and play.
<i>Create plan to support Joshua</i>	
What can you do before trigger?	
What can you do during trigger?	
What can you do after trigger?	

Your plan might include things like:

- Scheduling calming activities for the whole class
- Scheduling one-on-one time to build your teacher's relationship with child
- Offering a limited number of choices to give the child control over the situation