Module 4: Celebrating Child Growth

Handout 6

Avoiding Non-objective Words

During an observation it is important to describe what you see and hear using words that do not indicate judgment or conclusions on your part. Feelings, intelligence, motivation or how someone feels about him/herself can't be observed. Stick to what you actually see and hear and do not interpret. Interpretation comes later when you start deciding how to use the observation data to plan interventions and activities.

Examples of words to avoid:

Competent Happy Sad Weak Mad Strong Bored **Pretty** Proud Insecure Lazy Ugly Crabby Normal Cooperative Abnormal Smart Good Dumb Bad Slow Nice **Bright** Mean

Average Frustrated

Above or below average Got revenge

Provoked Helpful

Out-of-control Tricked